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**OPINION: COSMETIC & DERMATOLOGIC PROCEDURES**

**APPROVED DATE:** January 2008

**REVIEWED DATE:** June 2014

**REVISED DATE:** July 2016

**ORIGINATING COMMITTEE:**  
 Practice & Education Committee

An advisory opinion adopted by WSBN is an interpretation of what the law requires. While an advisory opinion is not law, it is more than a recommendation. In other words, an advisory opinion is an official opinion of WSBN regarding the practice of nursing as it relates to the functions of nursing. Facility policies may restrict practice further in their setting and/or require additional expectations related to competency, validation, training and supervision to assure the safety of their patient population and/or decrease risk.

Within the Scope of Practice/Role of APRN RN LPN CNA

**ADVISORY OPINION  
 COSMETIC AND DERMATOLOGIC PROCEDURES**

In accordance with Wyo. Stat. Ann. § 33-21-122(c)(iii) of the Wyoming Nursing Practice Act (NPA), the Wyoming State Board of Nursing (WSBN) has approved the following Advisory Opinion on Cosmetic and Dermatologic Procedures.

**It is within the scope of practice of an appropriately trained and competent RN to perform cosmetic and dermatologic procedures on patients as ordered by the physician, APRN or PA if the following criteria are met:**

- A. There are agency/facility policies and procedures to guide this practice;**
- B. The nurse has completed training and demonstrated continuing competency;**
- C. The agency/facility maintains documentation on training and competency for each nurse;**
- D. The care is provided under the direction of a physician, APRN or PA; and**
- E. The patient's condition is assessed prior to, during, and after the procedure to current standard of practice.**

The table below summarizes the procedures and considerations for each procedure. Contact the WSBN if a procedure is not included in this list for specific considerations.

Procedure	Considerations
<b>Dermabrasion</b> – medium peel (removes layers of skin, very invasive, potential for	<ul style="list-style-type: none"> <li>✓ May perform with supervision of MD/APRN/PA trained to do procedure who is available (can be via telecommunication) for consultation.</li> <li>✓ Must have a written provider order after a face to face</li> </ul>

complications)	assessment.
<b>Non-ablative lasers, light (IPL) devices</b> – for hair removal and skin treatment	<ul style="list-style-type: none"> <li>✓ May perform with supervision of MD/APRN/PA trained to do procedure who is available (can be via telecommunication) for consultation.</li> <li>✓ Must have a written provider order after a face to face assessment.</li> <li>✓ Training – (minimum): <ul style="list-style-type: none"> <li>▪ 4 – 8 hr. course with supervised procedures</li> <li>▪ Ongoing preceptorship</li> <li>▪ Includes didactic and hands-on</li> <li>▪ 10-20 procedures supervised</li> <li>▪ Includes laser/device safety</li> <li>▪ Ongoing continuing education</li> <li>▪ May include certification from professional organization</li> </ul> </li> </ul>
<b>Injectables</b> (using FDA approved products only)  Neuromodulators (i.e. Botox® and Dysport®)  Dermal fillers (i.e. Juvederm® and Restylane®)	<ul style="list-style-type: none"> <li>✓ May administer neuromodulators and dermal fillers with a provider order. The prescribing provider must be available for consultation (can be via telecommunication).</li> <li>✓ Must have a written provider order after a face to face assessment.</li> <li>✓ Must have appropriate training on neuromodulators and dermal fillers: <ul style="list-style-type: none"> <li>▪ Training by a physician;</li> <li>▪ A specific course in administration; OR</li> <li>▪ Training by a qualified pharmaceutical trainer (nurse or physician); and</li> <li>▪ Ongoing continuing education</li> </ul> </li> </ul>
<b>Injectables</b> (using FDA approved products only)  Sclerotherapy for small varicosities	<ul style="list-style-type: none"> <li>✓ May administer sclerotherapy with a provider order. The prescribing provider must be available for consultation (can be via telecommunication).</li> <li>✓ Must have a written provider order after a face to face assessment.</li> <li>✓ Must have appropriate education/training to perform sclerotherapy, including supervised procedures as well as ongoing continuing education.</li> </ul>

## REFERENCES

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