Pacific Northwest 34th Annual National Conference

Advanced Practice in Primary and Acute Care

Thursday - Saturday
October 27-29, 2011

Washington State Convention Center
Seattle, Washington

PROVIDERS
University of Washington School of Nursing, Continuing Nursing Education
University of Washington School of Medicine, Continuing Medical Education

CO-PROVIDERS
Planned Parenthood of the Great Northwest
Western Washington Area Health Education Center

CO-SPONSORS
Washington State Nurses Association
ARNPs United of Washington State
Washington Academy of Physician Assistants
Pacific Northwest 34th Annual National Conference

Advanced Practice in Primary and Acute Care

Thursday - Saturday
October 27-29, 2011

This conference offers health care providers an opportunity to validate and enhance clinical competencies, acquire new assessment and management skills, examine critical issues in health care at the state and national level, foster a strong coalition of providers in advanced practice, and learn about new products, services, and pharmaco-therapeutic agents. Conference faculty include distinguished national, regional, and local experts. Concurrent sessions allow participants to design their own educational tracks in the areas of acute, adolescent, adult, family, geriatric, midwifery, pediatric, psychosocial, and women’s health care. In addition, special interest group meetings on Thursday and Friday, and workshops on Saturday provide a broad spectrum of learning opportunities for providers in all settings. Teaching methods include lecture, discussion, case studies, demonstration, and practica.

Objectives

At the conclusion of this conference, participants will be better able to:

- Discuss updated information about the assessment and management of common health problems seen in primary, specialty, and acute care settings.
- Discuss updated pharmaco-therapeutic information related to clinical practice.
- Identify regional and national trends in health policy, promotion and prevention which impact health care.

Conference at a Glance

Thursday—October 27

<table>
<thead>
<tr>
<th>Activity</th>
<th>Time</th>
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<tbody>
<tr>
<td>Registration and Exhibit Hall</td>
<td>8:00 AM</td>
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<tr>
<td>Morning Sessions</td>
<td>8:40 - 11:40 AM</td>
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<tr>
<td>Poster Session</td>
<td>10:00 AM - 5:00 PM</td>
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<tr>
<td>Afternoon Sessions</td>
<td>1:15 - 5:20 PM</td>
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</table>

Friday—October 28

<table>
<thead>
<tr>
<th>Activity</th>
<th>Time</th>
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<tbody>
<tr>
<td>Registration and Exhibit Hall</td>
<td>7:15 AM</td>
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<tr>
<td>Morning Sessions</td>
<td>7:30 - 11:40 AM</td>
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<tr>
<td>Special Session: Preceptor</td>
<td>12:00 - 1:00 PM</td>
</tr>
<tr>
<td>Afternoon Sessions</td>
<td>1:15 - 5:20 PM</td>
</tr>
<tr>
<td>Art Show</td>
<td>2:25 - 5:00 PM</td>
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</tbody>
</table>

Saturday—October 29

<table>
<thead>
<tr>
<th>Activity</th>
<th>Time</th>
</tr>
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<tbody>
<tr>
<td>Morning Registration</td>
<td>8:30 AM</td>
</tr>
<tr>
<td>Morning Workshops</td>
<td>9:00 AM - 12:00 PM</td>
</tr>
<tr>
<td>Afternoon Registration</td>
<td>12:45 PM</td>
</tr>
<tr>
<td>Afternoon Workshops</td>
<td>1:15 - 4:15 PM</td>
</tr>
<tr>
<td>Full-Day Workshop</td>
<td>9:00 AM - 3:15 PM</td>
</tr>
</tbody>
</table>

Easy Reference Guide

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Featured Speakers

Thursday Keynote
Barb Bancroft, MSN, RN, PNP
Ms. Bancroft is executive director and president of CPP Associates, Inc., a continuing education firm for healthcare professionals and corporations based in Chicago. She is an acclaimed national speaker, noted for her entertaining and informative presentations highlighting clinical advances as well as changes in the workplace. She is known for making complex health topics easily understandable, appealing and hilarious. She emphasizes the importance of “keeping up” with the ever-changing world of science and technology, the importance of collaborative care with health professionals and patients, and the importance of maintaining one’s health while balancing everyone else’s lives. Ms. Bancroft is author of the books, Medical Minutiae, An Apple a Day: The ABCs of Diet and Disease, and Live a Little, Laugh a Lot.

Friday Keynote
Leah Hole-Curry, JD
Ms. Hole-Curry has been director of Washington State’s Health Technology Assessment program since its creation in 2006. The program is a leading state effort to purchase high-quality health care that is proven to be safe, effective, and cost-effective. The program relies on independent evidence reports and a committee of current practitioners to guide state decisions for purchasing medical technologies. Ms. Hole-Curry began her decade of commitment to improving quality and safety of public health systems by working for Washington’s Medicaid and injured worker agencies, providing contract management and regulatory compliance guidance. She consults with multiple state Medicaid agencies, local public health agencies, and the federal Department of Health and Human Services on HIPAA implementation and information technology projects.

Poster Abstracts Invited
Have you developed an innovative educational strategy, clinical program or research project? A poster session that highlights improvements in health care delivery, education, research and policy will be held on Thursday, October 27, 2011 at 10 AM - 5 PM. For poster guidelines and to submit an abstract, visit uwcnene.org and click on Conferences/Call for Abstracts.

Abstracts are due by September 15, 2011.

Comments about the Conference

➢ This is by far the best, most satisfying and useful conference I’ve ever attended. Both keynote talks were inspiring and provocative.

➢ Always a great conference. I have been coming since 1992!

➢ Very well organized. I have attended multiple national conferences and this conference rates the highest in organization!

➢ Great. One of the best. Lots of good tips. Speakers were uniformly very good to excellent. Terrific conference over all.

➢ I received a new piece of information with each session. Great information!

➢ This is an outstanding conference with nothing comparable to it in the Northwest.

➢ Conference has always been excellent. I have been attending since 1999. I recommended this conference to three colleagues and they all attended this year.

EXHIBITORS
Reserve exhibit space online!
Visit the Exhibitor Portal at uwcnene.org/exhibitors.
For more information, please contact Corie Goodloe at corie@uw.edu or 206-616-3826.
Thursday—October 27, 2011

8:00 Registration, Continental Breakfast, and Exhibits

8:40 WELCOME

9:00 KEYNOTE ADDRESS
To Your Health Barb Bancroft

10:00 Break, Exhibits and Poster Session
POSTER SESSION (10:00 am - 5:00 pm)
Promoting Improvements in Health Care Delivery, Education, Research and Policy

10:30 CONCURRENT SESSIONS A

- Gen A1 An Apple a Day: ABCs of Diet and Disease Barb Bancroft
- Fam A2 Phases and Complications of Chronic Kidney Disease Raimund Pichler
- Adult A3 Update on Sexually Transmitted Diseases Julia Dombrowski
- Gero A4 Recognizing Red Flags: Signs and Symptoms of Impending MI in Older Women Diane Osbourn
- Women A5 Alternative Approaches in Women’s Gynecological and Urinary Health Kris Somol
- Midwif A6 Antepartum Puzzlers Josephine (Josie) Amory
- Peds A7 Medical Decision Making and Management of Acute Gastroenteritis Joel Tieder
- Adoles A8 Encouraging Adolescent Vaccinations Betsy Hubbard
- Psych A9 Resources Available for Developmentally Disabled Persons: Eligibility and Application Information Dan Peterson
- Acute A10 State-of-the-Art Management and Treatment Options for DVT and Venous Thromboembolism Gary Weeks

11:40 Lunch (on your own), Exhibits and Poster Session

12:15 ARNPs United of Washington State—Annual Meeting BYO brown bag lunch. Adjourns at 1:00 pm.

1:15 CONCURRENT SESSIONS B

- Fam B2 Everyday Urology for Women’s Health Eve Khan
- Adult B3 COPD Management: Antibiotics and Steroids Lynn Reinke
- Gero B4 C. Difficile in the Older Adult Christina Surawicz
- Women B5 Premature Ovarian Failure Shawn Gartner
- Midwif B6 Why Is Postpartum Depression a Surprise? A New Approach to Screening for Postpartum Depression Mary Paul Backman
- Peds B7 The Agitated Pediatric Patient Robert Hilt
- Adoles B8 Chronic Adolescent Headache: Evaluation, Diagnosis and Management Delia Nickolaus
- Psych B9 Pharmacologic Treatment Options for Opioid Dependence Disorders: Know the Agents and the Policies Ron Horn
- Acute B10 Aortic Valve Replacement: Open versus Transcatheter Aortic Valve Implantation (TAVI) Edward Verrier

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Key to Choosing Sessions
Please refer to the key at right for help in selecting sessions on Thursday and Friday. Note, however, that many topics fall into more than one category. The coding system is simply a guide to the general orientation of content to be presented. You may switch sessions at the conference after reviewing session descriptions and objectives. Topics designated with an “Rx” meet guidelines for pharmacology hours at the advanced practice level.

Rx = Pharmacology credit (1.2 contact hours per session unless otherwise noted)

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Program Schedule • Thursday Sessions
2:25 Break, Exhibits, and Poster Session

2:40 CONCURRENT SESSIONS C

<table>
<thead>
<tr>
<th>Program</th>
<th>C1</th>
<th>C2</th>
<th>C3</th>
<th>C4</th>
<th>C5</th>
<th>C6</th>
<th>C7</th>
<th>C8</th>
<th>C9</th>
<th>C10</th>
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</thead>
<tbody>
<tr>
<td>Gen</td>
<td></td>
<td>ARNP/APRN Alphabet Soup and the APRN Consensus Model</td>
<td>Tracy Klein</td>
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<tr>
<td>Fam</td>
<td>R</td>
<td>What’s New with Hepatitis C</td>
<td>John D. Scott</td>
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<tr>
<td>Adult</td>
<td></td>
<td>Primary CNS Malignancies</td>
<td>Maciej M. Mrugala</td>
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<tr>
<td>Gero</td>
<td>R</td>
<td>Polymyalgia Rheumatica: Diagnosis and Treatment in the Older Adult</td>
<td>Gregory Gardner</td>
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<tr>
<td>Women</td>
<td>R</td>
<td>This Is Not Your Mother’s Hormone Therapy: Menopause Management Following WHI</td>
<td>Susan Reed</td>
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<tr>
<td>Midwif</td>
<td>R</td>
<td>Beyond Hydrocortisone Cream: Diagnosis and Management of Dermatologic Conditions in Pregnancy</td>
<td>Sarah Hufbauer</td>
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<tr>
<td>Peds</td>
<td>R</td>
<td>Bugs and Drugs</td>
<td>Catherine Cornell</td>
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<tr>
<td>Adoles</td>
<td>R</td>
<td>Case-Based Challenges: Managing Type 1 Diabetes in Adolescents</td>
<td>Sara Benitez</td>
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<tr>
<td>Psych</td>
<td></td>
<td>A Picture is Worth a 1000 Words: Brain Imaging in Psychiatry</td>
<td>Ann Padilla</td>
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<tr>
<td>Acute</td>
<td></td>
<td>2011 Electrophysiology Clinical Guidelines Update: Management of Patients with Atrial Fibrillation and Cardiovascular Implantable Electronic Devices</td>
<td>Darryl Wells</td>
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3:50 Break, Exhibits, and Poster Session

4:10 CONCURRENT SESSIONS D

<table>
<thead>
<tr>
<th>Program</th>
<th>D1</th>
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<th>D7</th>
<th>D8</th>
<th>D9</th>
<th>D10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gen</td>
<td>R</td>
<td>Managing Difficult Patient Situations in Prescribing Scheduled Drugs</td>
<td>Donna Poole</td>
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<tr>
<td>Fam</td>
<td>R</td>
<td>Challenges of Warfarin Management</td>
<td>Karen Atkinson</td>
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<tr>
<td>Adult</td>
<td></td>
<td>Lipids: Enjoy Eating Saturated Fats—they’re Good for You!</td>
<td>Donald W. Miller</td>
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<tr>
<td>Gero</td>
<td></td>
<td>Hot Topics in Geriatrics: Credentialing Changes, Medicare Options, &amp; Opioids in Pain Control. Let’s Talk!</td>
<td>Karen Feldt, Darrell Owens and Martha Worcester</td>
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<tr>
<td>Women</td>
<td>R</td>
<td>Emergency Contraception: Issues, Access and Innovations</td>
<td>Don Downing</td>
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<tr>
<td>Midwif</td>
<td>D6</td>
<td>Demystifying Genetic Testing: An Update on What Is Available and How to Talk to Clients About It</td>
<td>Martin Walker</td>
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<tr>
<td>Peds</td>
<td></td>
<td>Antecedent Recognition of Child Abuse Issues</td>
<td>Kenneth Feldman</td>
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<td>Adoles</td>
<td>D8</td>
<td>Sports Concussion in Adolescents: Prevention and Treatment</td>
<td>Cora Collette Breuner</td>
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<tr>
<td>Psych</td>
<td>R</td>
<td>“My Child Behaves Badly!” Addressing ADHD versus Mood Disorders in Children and Adolescents</td>
<td>Patti Varley</td>
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<tr>
<td>Acute</td>
<td>D10</td>
<td>Gastroenterology Update: To Treat or Not to Treat—that is the GI Question</td>
<td>Anne Croghan and Alexandra Read</td>
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5:20 Adjourn

5:30 SPECIAL INTEREST MEETING

• ACNM Washington State Affiliate Meeting (5:30-7:00 pm)
  Kathleen Malnor (kathleenmalnor@gmail.com)
• School-Based Health Care Providers: Networking Meeting (5:30-6:30 pm)
  Janet Cady (janetc@neighborcare.org) or Maxine Fookson (maxine.m.fookson@co.multnomah.or.us)

Plan a Trip to Seattle!

Seattle has a very active calendar of theater, music, festival and sporting events. Plan ahead and make the most your time during the week of the conference. You can find area attractions and a list of things to do at these websites:

visitsseattle.org
seattle.gov/visiting
downtownseattle.com
experiencewa.com
Friday—October 28, 2011

7:15 Registration, Continental Breakfast, and Exhibits

7:30 CONCURRENT SESSIONS E
(Rx = 1.0 contact hour for E sessions)

Gen E1 Addressing Health Literacy: Tools for Clinical Practice  Gail Johnson
Fam RX E2 Peripheral Artery Disease (PAD): Diagnosis and Management in the Clinic Setting  Robert Berin
Adult RX E3 5TWIKLY (Five Things I Wish I Knew Last Year)  Louis Kuritzky
Gero RX E4 Hyperthyroidism in the Older Adult: Signs, Symptoms, and Consequences  Ken Gross
Women RX E5 Painful Bladder Syndrome: Bladder, Bladder, What’s the Matter?  Jean Kallhoff
Midwif RX E6 Getting to the Point: An Update on Clinical Applications of Acupuncture in Preconception, Pregnancy and Postpartum  Jasmine Bay
Peds RX E7 I & D or Watch and Wait: Pediatric Abscess Management in the Era of MRSA  Karen Kilian
Adoles RX E8 Dysfunctional Uterine Bleeding: Therapeutic Interventions Update and Case Review  Ann Giesel
Psych RX E9 Lucy and Ethel’s Psychiatric Clinical Consult (Bring your tough cases for a lively discussion.)  Susan Caverly and Patricia Wuertzer
Acute RX E10 Pharmacologic Intervention for Pulmonary Hypertension  Lynda Tanagi

8:30 Break and Exhibits

8:40 WELCOME and PRECEPTOR OF THE YEAR AWARD  Marla Salmon

9:00 KEYNOTE ADDRESS
Transforming Healthcare: Why Evidence Matters  Leah Hole-Curry

10:00 Break and Exhibits

10:30 CONCURRENT SESSIONS F

Gen F1 Health Care Reform: Opportunities for ARNP Practice  Louise Kaplan
Fam RX F2 Gout: New Treatments for an Old Disease  Louis Kuritzky
Adult RX F3 Hypertension in 2011: Evidence from Recent Trials  Jeffrey Probstfield
Gero RX F4 The Hazards of Benzodiazepines and Other Controlled Substances in the Older Adult  Alvin Goo
Women F5 Caring for the Sexual Assault Patient in the Primary Care Setting  Terri Stewart
Midwif RX F6 Sweetening the Deal: An Update on Changes in Gestational Diabetes Guidelines  Mary Mittell
Peds F7 Pediatric Chest Film Interpretation: The Basics  Marijo Ratcliffe
Adoles F8 The Role of Providers in the Sexual Health of Teens  Robert Lehman
Psych F9 Using Crisis and Commitment Services in Washington State  Randon Aea
Acute RX F10 Strategies for the Treatment of Decompensated CHF  Thomas J. Sawyer

11:40 Lunch (on your own) and Exhibits

12:00 SPECIAL SESSION (12:00-1:00 pm)
- Helping People Learn: Honing Your Preceptor Skills  Donna Ambrozy

ANNUAL MEETING (12:00-1:00 pm)
- Washington NAPNAP Chapter Meeting
For more information, email Karen Kilian (karen.kilian@seattlechildrens.org).

R = Pharmacology credit (1.2 contact hours per session unless otherwise noted)
1:15 **CONCURRENT SESSIONS G**

<table>
<thead>
<tr>
<th>Group</th>
<th>Session</th>
<th>Title</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gen</td>
<td>G1</td>
<td>Let's Go Out to Eat! Wait! Did You See the Calorie Labels?</td>
<td>Nadine Chan</td>
</tr>
<tr>
<td>Fam</td>
<td>G2</td>
<td>Dermatology in Clinical Practice and When to Refer</td>
<td>Elie Levy</td>
</tr>
<tr>
<td>Adult</td>
<td>G3</td>
<td>BPH Management: Go with the Flow</td>
<td>Louis Kuritzky</td>
</tr>
<tr>
<td>Gero</td>
<td>G4</td>
<td>Psychiatric Syndromes in Older Adults: Diagnosis and Management</td>
<td>Whitney Carlson</td>
</tr>
<tr>
<td>Women</td>
<td>G5</td>
<td>Miscarriage Management: Incorporating Manual Vacuum Aspiration (MVA) into the Office Setting</td>
<td>Sarah Prager</td>
</tr>
<tr>
<td>Midwif</td>
<td>G6</td>
<td>Not Just for Kids: An Update on Immunizations in Pregnancy and Postpartum</td>
<td>Thecly Scott</td>
</tr>
<tr>
<td>Peds</td>
<td>G7</td>
<td>Common Pediatric Injuries and Fractures</td>
<td>Cheryl Parker</td>
</tr>
<tr>
<td>Adoles</td>
<td>G8</td>
<td>Social Networking: Improving Communication with Adolescents</td>
<td>Kya Schnettler and Dana Lewis</td>
</tr>
<tr>
<td>Psych</td>
<td>G9</td>
<td>Trauma-Focused Cognitive Behavioral Therapy for Children and Adolescents</td>
<td>Shelly Griffiths</td>
</tr>
<tr>
<td>Acute</td>
<td>G10</td>
<td>Evidence-Based Practice in Critical Care Medicine: Screening for MRSA, Ventilator Sedation Trends, and Choices for Inotropic Support</td>
<td>Aaron Cheng</td>
</tr>
</tbody>
</table>

2:25 Break, Exhibits and Art Show

**7th ANNUAL ART SHOW: THE “ART” OF ADVANCED PRACTICE** (2:25-5:00 pm)

Please share your artistic talent with your colleagues by bringing a painting, picture, tapestry, pottery, jewelry or other creation. Use the registration form to reserve display space and email cne@uw.edu by September 15 with your name, type of art, name of piece, price (if for sale), and display preference (table or easel).

2:40 **CONCURRENT SESSIONS H**

<table>
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<tr>
<th>Group</th>
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<tbody>
<tr>
<td>Gen</td>
<td>H1</td>
<td>Real World Strategies to Improve Practice</td>
<td>Marie Annette Brown and DNP Panel</td>
</tr>
<tr>
<td>Fam</td>
<td>H2</td>
<td>From Red Eyes to Cataracts: When to Treat and When to Refer</td>
<td>Gary Chung</td>
</tr>
<tr>
<td>Adult</td>
<td>H3</td>
<td>Multiple Sclerosis, Part 1: Etiology and Treatment (Continued in J3)</td>
<td>James Bowen</td>
</tr>
<tr>
<td>Gero</td>
<td>H4</td>
<td>Non-Opioid Pain Relief for Disabling Back Pain in the Older Adult</td>
<td>Chris Merifeld and Erin Henderson</td>
</tr>
<tr>
<td>Women</td>
<td>H5</td>
<td>Is It Really Okay to Wait Until 50? New Mammogram Guidelines</td>
<td>Martha Clay</td>
</tr>
<tr>
<td>Midwif</td>
<td>H6</td>
<td>There's Something in the Water: Diving into Amniotic Fluid Volume Abnormalities</td>
<td>Rebecca Cypher</td>
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<tr>
<td>Peds</td>
<td>H7</td>
<td>Vitamin D: From Infancy through Adolescence</td>
<td>Susan Casey</td>
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<tr>
<td>Adoles</td>
<td>H8</td>
<td>Update on Diagnosis and Treatment of Epilepsy</td>
<td>Shahn Hakimian</td>
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<tr>
<td>Psych</td>
<td>H9</td>
<td>Using Assessment Tools in Psychiatry: Implications for Monitoring Medication Response</td>
<td>Jennifer Wyatt and Susan Caverly</td>
</tr>
<tr>
<td>Acute</td>
<td>H10</td>
<td>Diastolic Heart Failure: The Other Half of the Cycle</td>
<td>Debra Laurent</td>
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3:50 Break and Art Show

4:10 **CONCURRENT SESSIONS J**

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<tr>
<th>Group</th>
<th>Session</th>
<th>Title</th>
<th>Presenter</th>
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<tbody>
<tr>
<td>Gen</td>
<td>J1</td>
<td>Responsible Prescribing to Reduce Pharmaceutical Waste and Promote Safe Disposal</td>
<td>Mary Margaret Thomas</td>
</tr>
<tr>
<td>Fam</td>
<td>J2</td>
<td>Current Concepts in Osteoporosis: Prevention and Management</td>
<td>Margaret Baker</td>
</tr>
<tr>
<td>Adult</td>
<td>J3</td>
<td>Multiple Sclerosis, Part 2: Rehabilitation and End-Stage Management (Continued from H3)</td>
<td>Angeli Mayadev</td>
</tr>
<tr>
<td>Gero</td>
<td>J4</td>
<td>Annoying to Worrisome: Skin Lesions of the Aging Adult</td>
<td>Heather Rogers</td>
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<td>Women</td>
<td>J5</td>
<td>Tattoos, Piercing and Shaving—Oh My! Examining Current Trends and Potential Health Risks</td>
<td>Sharon Schnare</td>
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<td>Midwif</td>
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<td>Lisa Foglia</td>
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<td>Peds</td>
<td>J7</td>
<td>Pediatric Diabetes Update for Primary Care: What Am I Supposed to Do?</td>
<td>Elizabeth Babler</td>
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<td>Adoles</td>
<td>J8</td>
<td>Dermatology Issues in Adolescents: What's Out There These Days?</td>
<td>Virginia Sybert</td>
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<tr>
<td>Psych</td>
<td>J9</td>
<td>What Every Psychiatric Practitioner Needs to Know about Technology and How It Can Help or Hurt Us in Our Practice!</td>
<td>Neil Sidhu</td>
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<tr>
<td>Acute</td>
<td>J10</td>
<td>Beyond Pneumonia: Potential Complications and Treatment</td>
<td>Ann J. Chen</td>
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5:20 Evaluation and Adjourn
Saturday Workshop Information

**LOCATION:** All Saturday workshops will be held at the Washington State Convention Center.

**REGISTRATION:** Registration for full day and morning workshops begins at 8:30 a.m. Afternoon workshop registration begins at 12:45 p.m. Coffee and tea are provided at registration.

**LIMITED ENROLLMENT:** Some workshops have limited enrollment as indicated in the workshop description. For these workshops, early registration is strongly recommended.

**CLOTHING AND EQUIPMENT:** Please bring any special equipment and clothing as requested in the workshop description.

R\_\_ = Pharmacology credit at the advanced practice level

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**Full Day Workshop**

FD1. **Fiberglass Casting and Splinting**

*Julie St. Peter*

This practicum provides techniques and hands-on experience in applying short arm and short leg casts and splints and skillful use of the cast saw. Bring or wear shorts and short sleeve clothing. Limit: 24

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**Morning Workshops • 9:00 AM - 12:00 PM**

AM1. **When, How and Why to Biopsy Which Lesions?**

*Robert Smithing, Nan Walker and Madeline Wiley*

This practicum on biopsy techniques includes shave, punch, and excision using both interrupted and layered closures. Includes hands-on practice using artificial skin models. Limit: 32

AM2. **Office Orthopedics: Exam Basics and Clinical Observations Focusing on the Knee and Ankle**

*Margaret Baker*

This workshop reviews: 1) the functional anatomy, examination and selected special tests of the knee and the ankle; 2) principles of lower extremity evaluation and the use of pattern recognition in the diagnosis of common knee and ankle disorders; and 3) practical management strategies for knee and ankle injuries. Includes hands-on evaluation. *(May be taken alone or in sequence with PM2.)* Limit: 25

AM3. **Miscarriage Management in the Office Setting: Manual Vacuum Aspiration (MVA) Management**

*Sarah Prager*

This workshop for clinicians who provide care to pregnant women addresses the etiology, diagnoses and three methods of management for early pregnancy loss (EPL) and how the management is incorporated into the office setting. Participants will learn to use the manual vacuum aspirator (MVA) and administer a paracervical block using a papaya as a simulation model. *(Didactic content presented in concurrent session G5 on Friday will be repeated in this workshop. G5 is not a prerequisite for this workshop.)* Limit: 45

AM4. **The Basics of Type 2 Diabetes Mellitus (DM) in the Older Adult**

*Linda Haas*

This workshop is a primer on the etiology and epidemiology of DM in older adults, evidence-based guidelines for diagnosis and treatment, tailoring guidelines to older adults, considerations for selecting medications, setting mutually-agreed upon goals for blood sugar control, and special challenges that often get in the way of successful management (e.g., thirst, meal planning, exercise, motivation for self-care management). Case studies are used to illustrate challenges and successes in treating DM in older adults. *(May be taken alone or in sequence with PM4.)*

AM5. **Evidence-Based Approach to the Comprehensive Cardiovascular Assessment and Physical Exam in Adults**

*Debra Laurent*

This workshop includes the focused cardiovascular physical exam and practice pearls for assessment, diagnosis and management of cardiovascular diseases. The format is interactive using lecture, demonstration and case studies.

AM6. **Fundamentals of Reading the 12 Lead EKG: Part I**

*Scyz Meader*

This workshop presents the fundamentals used to dissect the 12 lead EKG. Focus is on changes in various waves and segments that identify axis, atrial and ventricular hypertrophy, bundle branch blocks, and a brief look at ischemia, injury and infarction patterns. Strips of WPW, pericarditis and hyperkalemia are addressed. A systematic approach to analyzing a 12 lead ECG with practice strips is presented. *(May be taken alone or in sequence with PM6.)*
Understanding Hypnosis: Scientific Clarification and Enhancing Clinical Outcomes
Lisa Geiger
Hypnosis has been recognized by the AMA since 1958 as a healing modality, acknowledging its ongoing contribution to dramatic and lasting outcomes in both psychological and physiological domains. Hypnosis is a remarkable vehicle for tapping into realms of human potential and awareness that can facilitate and generate mind-body healing. This workshop addresses the neurophysiology of hypnosis as well as applications to chronic pain, chronic disease, anxiety, depression, stress management, weight management, smoking, fears, phobias, and compulsive habits. Experience a group hypnosis induction, deepening, and awakening first hand. Format: didactic and experiential. BRING AN OPEN MIND. Prerequisite: None. (May be taken alone or in sequence with PM7.) Limit: 40

IUD Insertion Workshop
Sharon Schnare
This workshop presents an update on intrauterine contraception including counseling skills, identification and assessment of appropriate candidates, and practice of proper insertion techniques using pelvic models. Limit: 35

How to Order and Interpret Any Laboratory Test
Michael Astion
This workshop presents general principles for ordering and interpreting diagnostic and screening lab tests, problems with ordering too many tests in patients who are asymptomatic or have vague complaints, and differentiating causes of abnormal test results including laboratory error and what you can do about it.

Office Orthopedics: Exam Basics and Clinical Observations Focusing on the Shoulder and Hip
Margaret Baker
This workshop reviews: 1) the functional anatomy, examination, and selected special tests of the shoulder and hip; 2) principles of evaluation and the use of pattern recognition in the diagnosis of common shoulder and hip disorders; and 3) practical management strategies for shoulder and hip injuries. Includes hands-on evaluation. (May be taken alone or in sequence with AM2.) Limit: 25

Reducing Patient Resistance—Using Motivational Interviewing in Busy Health Clinics
Jonnae Tillman and Lisa Sieberson
Motivational interviewing is a clinical method that helps people make successful behavior change. Many patients are ambivalent, i.e., they agree that a change is necessary but they aren’t ready to do anything about it. Research shows that we can help these patients! 180 international clinical trials show that providers can have a dramatic effect on outcomes by the way they interact when patients are resistant. This workshop includes extensive hands-on practice conducting brief and effective patient interactions that can make a difference in the lives of your most challenging patients.

IUD Insertion Workshop
Sharon Schnare
This workshop presents an update on intrauterine contraception including counseling skills, identification and assessment of appropriate candidates, and practice of proper insertion techniques using pelvic models. Limit: 35

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Working with Traumatized and Attachment Disordered Youth
Mark Coen
Children traumatized at an early age can have unique and complicated issues that separate their behavior from peers. This workshop is presented by the founder of Attachment and Trauma Specialists (www.attachmentandtraumaspecialists.com), an internationally recognized agency specializing in the treatment of youth and adults with attachment and trauma-related issues. The workshop focuses on recognizing and responding to youth who have been neglected, abused, traumatized, or have had an attachment disruption. Many of these children struggle with grief, anger, depression, low self-esteem, lying and manipulative behaviors, or social and emotional withdrawal. Learn how to speak their language and make their environment safe to promote healthy development.
PM4. **Advanced Management of Type 2 Diabetes Mellitus (DM) in the Older Adult**  
*Lisa Haas*
This workshop addresses 1) evidence-based trials, studies and guidelines on setting targets, stratifying risks, and using exercise and moderate weight loss as a treatment strategy, 2) major co-morbidities and disease management, 3) new developments in diagnostic testing and monitoring for DM, 4) medication selection and monitoring, 5) proven strategies for facilitating self-care, and 6) community resources. Participants are encouraged to bring case studies, issues and concerns regarding treatment of complex DM patients with advanced co-morbidities for expert and group discussion. *(May be taken alone or in sequence with AM4.)*

PM5. **From Your Jeans to Your Genes: Assessment and Treatment of Cardiovascular Risk Factors and Metabolic Syndrome**  
*Karin Heusted*
Move beyond standards of care to "optimal” care by adding primary prevention strategies to your practice. This workshop presents practical approaches to assessing risks for heart disease, stroke and diabetes and using advanced cholesterol testing and genetics to guide treatment strategies. After completing this workshop you will be better able to assess risk factors for heart disease, stroke and diabetes, discuss how to use risk factor assessment to aim at disease prevention, and explain the role of advanced cholesterol testing and genetics to guide treatment plans.

PM6. **Fundamentals of 12 Lead EKG Interpretation Recognizing Ischemia, Injury & Infarction: Part II**  
*Scy Meader*
This workshop builds on fundamentals learned in the morning workshop, AM6, and provides in-depth focus on typical EKG changes seen in myocardial ischemia, injury, and infarction. Timing, location, coronary artery involved and potential complications will be addressed. Patterns that mimic these EKG changes will be included. Practice strips and case studies will be presented. *Prerequisite: Learner must have solid fundamentals of reading the basic EKG or be taking the workshop in sequence with AM6.*

PM7. **Experiencing Hypnosis: Towards a Deeper Understanding Through Experience**  
*Lisa Geiger*
This advanced workshop will allow you to discover the dynamic uses of hypnosis through personal exploration. Experience different types of hypnotic suggestions as a means to greater self-awareness and as an opportunity for profound relaxation. The intriguing experiential qualities of hypnosis as a phenomenon include: heightened awareness, enhanced focused attention and increased receptivity to suggestions. During this workshop, as you are experiencing a natural parasympathetic state of deep relaxation, you will be offered positive hypnotic suggestions from a variety of different perspectives including direct, indirect, metaphorical and Ericksonian styles. Bring a mat or blanket to optimize your comfort. *Prerequisite: AM7 or equivalent workshop in the past two years. Limit: 40*

PM8. **Tips for the Difficult Pelvic Exam**  
*Sharon Schnare*
A review of the techniques for pelvic examination, with special emphasis on difficult examinations, including patients with obesity, disabilities, and those with a history of sexual trauma. Limit: 24

PM9. **GYN Dermatology and Vulvar Pain Syndromes**  
*Erin Mahony*
Female genital dermatology and vulvar pain syndromes are two commonly misdiagnosed and mismanaged problems in women’s health care. This two part workshop presents an overview of both female genital dermatology and vulvar pain syndromes. The dermatology section will include: 1) evaluation, diagnosis and management of vulvar lesions and other dermatologic conditions; 2) diagnostic and therapeutic procedures; 3) when and what to biopsy; and 4) when to refer. The vulvar pain section will include: 1) evaluation, diagnosis and management of various vulvar pain syndromes; 2) diagnostic and therapeutic procedures; and 3) when to refer. This workshop does not include a hands-on practicum component.

PM10. **Foot Problems and Procedures, Part 2: Practicum**  
*Julia Overstreet*
The hands-on workshop familiarizes participants with instruments and tools commonly used in performing foot care for older adults. A basic foot exam is performed on class volunteers. Then each class member practices using instruments and tools on various materials that simulate tissues. At the end, strategies for debriding nails and calluses are demonstrated on class participants who volunteer to be subjects. Instruments are provided for use during workshop. *Prerequisite: AM10. Limit: 30*

PM11. **More Coding and Reimbursement Practice Pearls for the Experienced Provider**  
*Debbie Elliott*
Work smarter, not harder, to receive the reimbursement you have earned and that allows you to continue to deliver quality patient care while adhering to Medicare’s billing compliance standards. Among other things, learn how to use risk assessment and be Medicare-compliant when billing according to the “Incident To” rules, bow (and when) to bill a “Split Visit,” and how to use “Time” when coding and billing your visit.
Randon Aea, MA, LMHC.................................................................F9
Branch Manager, Therapeutic Health Services, Seattle
Donna Ambrozy, PhD.................................Friday noon Special Session
Lecturer, Department of Medical Education and Biomedical
Informatics, School of Medicine, UW
Josephine (Josie) Amory, MD.................................A6
Perinatologist, Swedish Perinatal Medicine; Clinical Faculty, School
of Medicine, UW
Michael Astion, PhD, MD.................................PM1
Professor and Director of Reference Laboratory Services,
Laboratory Medicine, School of Medicine, UW
Karen Atkinson, RN.................................D2
NW Hospital Anticoagulation Coordinator, North West
Prescriptions and Medical Supply, NWMC
Elizabeth Babler, PhC, ARNP, CDE.........................J7
NP, Pediatric Endocrinology, Mary Bridge Children's Hospital,
Tacoma
Mary Paul Backman, CNM.................................B6
Staff CNM, Department of OB/GYN, Madigan Army Medical
Center, Tacoma
Margaret Baker, MD.................................J2, AM2, PM2
Orthopedic Surgeon, The Center for Bone & Joint Surgery, Port
Angeles; Adjunct Assistant Professor of Surgery, Uniformed
Services, University of Health Sciences, Bethesda, MD
Barb Bancroft, MSN, RN, PNP..............................Thursday Keynote, A1
See Featured Speakers (p. 3).
Jasmine Bay, LM, L.Ac.................................E6
Midwife and Acupuncturist, Center for Birth, Seattle
Sara Benitez, PA-C.................................C8
Physician Assistant, Division of Endocrinology, Seattle Children's
Robert M. Bersin, MD, MPH.................................E2
Medical Director, Endovascular Services, Seattle Cardiology and
Swedish Medical Center
James Bowen, MD.................................H3
Physician, Swedish Neuroscience Institute, Swedish Medical Center/
Cherry Hill
Cora Collette Bruner, MD, MPH.........................D8
Faculty Pediatrician and Adolescent Medicine Provider, Seattle
Children's; Professor, Pediatrics and Adolescent Medicine, School
of Medicine, UW
Marie-Annette Brown, PhD, ARNP, FNP-BC, FAAN.............H1
Professor, Department of Family and Child Nursing, School of
Nursing, UW; Primary Care Nurse Practitioner, Women's Health
Care Clinic, UW Medical Center
Whitney Carlson, MD.................................................G4
Attending Psychiatrist, HMC; Assistant Professor, Psychiatry and
Behavioral Sciences, School of Medicine, UW
Susan Casey, RD, CD..........................................................H7
Clinical Pediatric Dietitian, Seattle Children's
Susan Caverly, PhD, ARNP.................................E9
Nurse Practitioner, Therapeutic Health Services and Private Practice;
Clinical Faculty, Psychosocial and Community Health, Nursing, UW
Nadine Chan, MPH, PhD.................................G1
Asst Chief, Assessment, Policy Development & Evaluation, PHSKC
Ann J. Chen, MS, MD.........................................................J10
Pulmonologist, Pulmonary and Critical Care Medicine, Minor and
James and Swedish Medical Center
Aaron Cheng, MD.........................................................G10
Associate Professor, Cardiothoracic Surgery; CT Surgery, Intensive
Care Team, UWMC
Gary Chung, MD.........................................................H2
Ophthalmologist and Corneal Specialist, Evergreen Eye Center,
Auburn, Burien, and Federal Way
Martha Clay, MSN, FNP......................................................H5
ARNP, Comprehensive Breast Center, Swedish Cancer Institute
Mark Coen, LCSW, CAMHS.................................PM3
Clinical Director, Attachment and Trauma Specialist, Kirkland
Catherine Cornell, BSN, RN, PNP.........................C7
Pediatric Nurse Practitioner, Pediatric Infectious Disease,
Seattle Children's
Anne Croghan, MN, ARNP.................................D10
ARNP, Seattle Gastroenterology Associates, Seattle
Rebecca Cypher, MSN, PNNP.................................H6
Perinatal Clinical Specialist/Perinatal Nurse Practitioner; Member,
AWHONN Board of Directors, Madigan Army Medical Center,
Tacoma
Bill Dickinson, DO.........................................................B9
Medical Director, Therapeutic Health Services, Everett Branch,
Everett; Addiction Psychiatrist, Valley General Hospital, Monroe
Julia Dombrowski, MD.......................................................A3
Medical Director, STD Clinic, PHSKC; Acting Instructor, Medicine,
UW
Don Downing, RPh.........................................................D5
Clinical Professor, Department of Pharmacy, UW
Debbie Elliott, RHTH, CCS-P.................................PM11
Senior Coding Consultant, Group Health Cooperative, Seattle
Kenneth Feldman, MD.......................................................D7
Pediatrician, Odessa Brown Children's Clinic, Seattle Children's
Karen Feldt, PhD, ARNP, GNP.................................D4
Associate Professor, College of Nursing, Seattle University
Lisa M. Foglia, MD, MFM.....................................................J6
Associate Residency Director, Obstetrics and Gynecology, Madigan
Army Medical Center, Tacoma
Gregory Gardner, MD, FACP..............................................C4
Gilliland-Henderson Professor, Fellowship Program Director,
Division of Rheumatology, School of Medicine; Adjunct Professor,
Orthopaedic Surgery & Rehabilitation Medicine, UW
Lisa F. Geiger, MN, ARNP, BCH.................................AM7, PM7
FNP and Board Certified Hypnotherapist, Vital Capacity, LLC,
Edmonds
Ann Giesel, MD.........................................................E8
Chief, Pediatric and Adolescent Medical Gynecology Clinic, Seattle
Children's; Clinical Professor, Adolescent Medicine, UW
Alvin Goo, PharmD.........................................................F4
Clinical Pharmacist; Director, Pharmacy Ambulatory Care
Residency; Clinical Associate Professor, School of Pharmacy and
Family Medicine, UW
Shelly Griffiths, LICSW....................................................G9
Social Worker II, HMC: Center for Sexual Assault and Traumatic
Stress, HMC
Ken Gross, MD .................................................................E4
Endocrinologist, Polyclinic; Clinical Professor, Medicine, UW

Shawn E. Gurtcheff, MD ......................................................B5
MD, Seattle Reproductive Medicine, Tacoma

Linda Haas, PhD, RN, CDE ..................................................AM4, PM4
Endocrinology Clinical Nurse Specialist; VAPSHCS; Clinical Nurse
Advisor, VHA Office of Nursing Services, WA, DC; Assistant
Clinical Professor, School of Nursing, UW

Erin Henderson, MSN, FNP ...................................................H4
ARNP, Pain Management, Pain Consultants, PLLC

Karim Heusted, MN, ARNP ..................................................PM5
ARNP, Pacific Nutrition and Wellness, Edmonds

Robert Hilt, MD, FAAP .....................................................B7
Assistant Professor, Psychiatry; Director, Partnership Access Line,
UW and Seattle Children's

Leah Hole-Curry, JD .........................................................Friday Keynote
See Featured Speakers (p. 3)

Betsy Hubbard, MN, RN ......................................................A8
Immunization Clinical Practice Supervisor, PHSKC

Sarah Hubauer, MD ..........................................................C6
Attending Family Physician, Country Doctor Community Clinic

Gail Johnson, DNP, ARNP, FNP ..........................................E1
Clinical Assistant Professor, School of Nursing, UW; ARNP, Primary
Care, Highpoint Medical Clinic

Jean Kallhoff, MN, ARNP ..................................................E5
Advanced Nurse Practitioner, Urogynecology Clinic, UWMC

Louise Kaplan, PhD, ARNP, FNP-BC, FAANP .......................B1, F1
Senior Policy Fellow, American Nurses Association, Silver Spring, MD

Eve Khan, BA, BSN, MN ......................................................B2
Nurse Practitioner, Specializing in Women's and Urological Health

Karen Kilian, MN, ARNP, CCRN .........................................E7
Pediatric Nurse Practitioner, Emergency Department, Seattle
Children's

Tracy Klein, PhD, FNP, FAANP ............................................C1
Advanced Practice Consultant, Oregon State Board of Nursing,
Portland, OR

Louis Kuritzky, MD ..........................................................E3, F2, G3
Clinical Assistant Professor, Community Health and Family
Medicine, University of Florida, Gainesville, FL

Debra Laurent, MN, ARNP, ACNP ......................................H10, AM5
Cardiovascular and Acute Care Nurse Practitioner, Seattle
Cardiology/Swedish Heart and Vascular; Clinical Assistant Professor,
Biobehavioral Nursing and Health Systems, School of Nursing, UW

Robert Lehman, MD ..........................................................F8
Partner, Great Conversations, LLC; Medical Director, Qualis Health,
Seattle

Elie Levy, MD, FAAD, FASMS ............................................G2
Medical Director and Physician, Aesthetic and General Dermatology
of Seattle; Clinical Assistant Professor, Department of Medicine,
Division of Dermatology, UW

Dana Lewis .................................................................G8
Interactive Marketing Specialist, Creator/Moderator, #hcsm
(Health Care Communication and Social Media), Swedish Medical
Center, Seattle

Angeli Mayadev, MD .........................................................J3
Physician, Swedish Neuroscience Institute, Swedish Medical Center/
Cherry Hill, Seattle

Erin Mahony, CNM, ARNP ................................................PM9
ARNP, UW Women's Health Care Center, Seattle and the Everett
Clinic, Gynecology, Everett

Suzy Meade, MN, ANP, ACNP, ARNP, CCRN-CSC AM6, PM6
Cardiothoracic Surgery Nurse Practitioner, Overlake Hospital,
Bellevue

Chris Merfield, MD ..........................................................H4
Physician, Intervention Pain Medicine, Pain Consultants, PLLC,
Silverdale

Donald W. Miller, Jr, MD ...................................................D3
Professor, Surgery, Division of Cardiothoracic Surgery, UW

Mary Mittell, CNM ..........................................................F6
Nurse Midwife, Midwifery Manager, Neighborcare Health, Seattle

Maciej M. Mrugula, MPH, PhD, MD ...................................C3
Assistant Professor, Neurology/Division of Neuro-Oncology, UW

Delia Nickolaus, MSN, CPNP-PC/AC .........................B8, B8
Pediatric NP, Department of Neurology, Seattle Children's

Diane Osborn, MN, ARNP ................................................A4
Nurse Practitioner, Heart Attack and Stroke Prevention Clinic; Nurse
Practitioner, Cardiology, VMMC

Julia Overstreet, DPM, FAPWCA .................................AM10, PM10
Podiatric Physician and Surgeon and Wound Care Specialist;
Director, Rainier Medical Education Programs, Redmond

Darrell Owens, DNP, ARNP .............................................D4
Attending Nurse Practitioner/Program Director, Palliative Medicine,
HMC; Clinical Assistant Professor, Medicine and Nursing, UW

Ann Padilla, DNP, ANP, PMHNP, FNS .................................C9
Palliative Care Clinic/Provider, HMC; Private Practice, Solus
Therapy, Psychiatry, Bellevue

Cheryl Parker, PA-C .........................................................G7
Physician Assistant, Department of Orthopedics and Sports
Medicine, Seattle Children's

Dan Peterson, MC ..........................................................A9
Mental Health Resource Manager, Division of Developmental
Disabilities Region IV, Washington State Department of Social and
Health Services, Olympia

Raimund Pichler, MD .......................................................A2
Associate Professor, School of Medicine, UW

Donna Poole, MSN, ARNP, PMHCS-B ................................D1
Medical Services Manager and ARNP Clinician, Kitsap Mental
Health Service, Bremerton

Sarah Prager, MD, MAS ...................................................G5, AM3
Director of the Ryan Residency Training Program in Family
Planning; Assistant Professor, Department of OB/GYN, UW

Jeffrey L. Probstfield, MD, FACP, FACC, FAHA ..................F3
Professor, Cardiology, Medicine; Adjunct Professor, Epidemiology,
Medicine, UW

Marijo Ratcliffe, MN, CNS, ARNP ....................................F7
PNP, Pulmonary Department, Seattle Children's; Faculty, Pediatric
Center for Training Grant, Pediatrics, UW
Alexandra Read, MD ................................................................. D10
Gastroenterologist/Hepatologist, Seattle Gastroenterology; Associate
Clinical Professor, UW
Susan Reed, MD, MPH ..................................................... C5
Director, Women's Reproductive Health Research Program;
Professor, Department of OB/GYN, Epidemiology, School of
Medicine, UW
Lynn Reinke, PhD, ARNP .................................................. B3
Research Investigator/Nurse Practitioner, VAPSHCS
Heather Rogers, MD ............................................................ J4
Dermatologist, Dermatologic Surgeon, Madison Skin and Laser
Center; Clinical Faculty, Division of Dermatology, School of
Medicine, UW
Marla Salmon, ScD, RN, FAAN ................................................ F10
Fri Welcome
The Robert G. and Jean A. Reid Endowed Dean in Nursing;
Professor, Psychosocial and Community Health Nursing and
Global Health, UW
Thomas J. Sawyer, MD .......................................................... C2
Cardiologist, Summit Cardiology, Seattle
Sharon Schnare, MSN, CNM, FNP, FAANP ......................... J5, AM8, PM8
FNP, South Kitsap Family Care Clinic, Port Orchard
Kya Schnettler, CHES ......................................................... G8
Community Health Education Specialist, Swedish Medical Center/
Ballard Teen Health Center, Seattle
John D. Scott, MD ............................................................... C4
Assistant Professor, School of Medicine, Hepatitis and Liver Clinic,
UW
Thecly Scott, CNM .............................................................. G6
Lieutenant Commander, US Navy; Senior Certified Nurse Midwife
and Department Head, Obstetrics and Gynecology, Navy Hospital,
Bremerton
Neil Sidhu ................................................................. J9
Owner, Empyrean Data, Seattle
Lisa Sieberson, DNP, ARNP ................................................. AM9
DNP, UWMC
Robert Smithing, MSN, ARNP, FAANP ....................... AM1
President, NP Central, www.npcentral.net; FNP and Partner,
FamilyCare of Kent; Clinical Faculty, School of Nursing, UW
Kris Somol, ND ............................................................... A5
Naturopathic Physician, Sound Family Medicine, Bastyr Center
for Natural Health; Adjunct Academic and Clinical Faculty, Bastyr
University, Kirkland
Julie St Peter, RT(R), OTC .................................................. FD1
Orthopedic Technologist
Terri Stewart, BSN, RN .................................................... F5
Sexual Assault Nurse Examiner and Educator, Center for Sexual
Assault and Traumatic Stress, HMC
Christina Surawicz, MD .................................................. B4
Professor of Medicine, Division of Gastroenterology, HMC and UW
Virginia Sybert, MD ............................................................. J8
Pediatric Dermatologist, Group Health Permanente; Clinical
Professor, Division of Medical Genetics, School of Medicine, UW
Lynda Tanagi, PharmD ....................................................... E10
Clinical Pharmacist, UWMC Pharmacy Services; Clinical Associate
Professor, Department of Pharmacy, School of Pharmacy, UW
Mary Margaret Thomas, RN .............................................. J1
Graduate Student, Community/Public Health Nursing, Seattle
University College of Nursing, Seattle
Joel S. Tieder, MPH, MD .................................................. A7
Assistant Professor, Lead, Clinical Effectiveness, Department of
Pediatrics, Seattle Children's and UW
Jonnae Tillman ............................................................... AM9
Clinical Director, UW Innovative Programs Research Group; Clinical
Supervisor, Motivational Interviewing Research in Emergency
Department, School of Medicine, UW
Patti Varley, MN, ARNP .................................................. D9
Psychiatric Clinical Nurse Specialist, Seattle Children's: Clinical
Faculty, Family and Child Nursing and Psychosocial & Community
Health, School of Nursing, UW
Edward Verrier, MD ......................................................... B10
Professor and Chief, Cardiothoracic Surgery, UW
David Vossler, MD, FAAN ............................................... H8
Director and Neurologist, Valley Neuroscience Institute, Valley
Medical Center, Renton
Martin Walker, MD .......................................................... D6
Perinatologist and Medical Director, Eastside Maternal Fetal
Medicine Associates, Kirkland; Clinical Assistant Professor,
OB/GYN, UW
Nan Walker, MSN, ARNP, FNP-BC ............................... AM1
FNP, FNP-Owned Family Practice, FamilyCare of Kent
Gary Weeks, MD .............................................................. A10
Interventional Cardiologist, Summit Cardiology; Director, Cardiac
Catheterization Laboratory, Northwest Hospital and Medical Center/
UW Medicine
Darryl Wells, MD .............................................................. C10
Cardiologist and Electrophysiologist, Swedish Heart and Vascular,
Seattle
Madeline Wiley, MSN, ARNP ............................................ AM1
FNP and Managing Partner, FamilyCare of Kent; Clinical Faculty,
School of Nursing, UW
Martha Worcester, PhD, ARNP ........................................ D4
ARNP, Providence Elderplace, Seattle; ARNP Consultant, Nursing
Care Quality Assurance Commission, Dept of Health, Olympia
Patricia Wuertz, MSN, ARNP-BC, PLLC ............................ E9
Nurse Practitioner, Private Practice, Kirkland; Associate Clinical
Professor, School of Nursing, UW
Jennifer Wyatt, LMHC, MT-BC, CDPT ............................ H9
Cognitive Behavioral Therapist, ENCOMPASS at Therapeutic
Health Services, Seattle

HMC=Harborview Medical Center, Seattle • PHSKC=Public Health–Seattle & King County, Seattle
Seattle Children's=Seattle Children's Hospital, Seattle • UW=University of Washington, Seattle • UWM=UW Medical Center, Seattle
VAPSHCS=V/A Puget Sound Health Care System, Seattle • VMMC=Virginia Mason Medical Center, Seattle

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**Professional Credit**

- **Nurse Practitioners and Nurses**
  - Contact hours: Up to 20.1 contact hours will be awarded for Thursday-Sunday. Thursday only $6.3, Friday only $7.8, Saturday only $6.0 for 2 half-day workshops or 1 full-day workshop (3.0 for one half-day workshop). Pharmacology: Up to 15.1 contact hours in pharmacology are available during the conference. “R” designates sessions which meet Washington State guidelines for pharmacology at the advanced practice level.
  - The University of Washington School of Nursing (UWSON) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.
  - The UWSON is approved as a clock hour provider by the Washington State Board of Education.
  - Provider is accredited by the California Board of Registered Nursing, Provider #07218, for 19.2 contact hours.

- **Certified Nurse Midwives**
  All sessions are approved for Category 1 Continuing Medical Education (CME) credit. (See Physicians below.) Registration for Category 1 will be available at the conference for an additional fee of $40 payable to University of Washington Continuing Medical Education.

- **Pediatric Nurse Practitioners**
  The National Certification Board of Pediatric Nurse Practitioners and Nurses (NCBPN/P/N) recognizes contact hours awarded by programs accredited by the American Nurses Credentialing Center (ANCC).

- **Physicians and Physician Assistants**
  Registration for Category 1 will be available at the conference for an additional fee of $40 payable to University of Washington Continuing Medical Education.
  - This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the University of Washington School of Medicine and the UWSON. The University of Washington School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.
  - The University of Washington Continuing Medical Education designates this live activity for a maximum of 19.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- **Psychologists and Social Workers**
  This offering meets requirements for 19.0 clock hours. The UWSON qualifies as a Washington State CE program sponsor under WAC 246-924-240(1) for psychologists and WAC 246-809-610 for social workers and counselors.

- **School Nurses**
  The UWSON is an approved clock hour provider in Washington State.

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**Print Handouts Online at UWCNE.ORG**

**(For conference registrants only)**

- Save a tree by printing only the handouts you want for the conference.
- Handouts will be online from Oct 6 - Dec 31, 2011.
- A booklet with the program schedule, session descriptions and pages for note-taking will be provided.
- The password for the handout website will be sent with your confirmation letter.
- Saturday workshop registrants will receive printed handouts at registration on Saturday.
- Saturday workshop handouts will not be available online or on the CD.

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**CD of Handouts**

- A free CD containing selected Thursday-Friday handouts will be available at registration.

**Wi-Fi Access:** Limited access in public areas of the convention center only. Power is not available in conference rooms.

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**Registration Information**

**University of Washington • Continuing Nursing Education (UWCNE)**

Box 359440, Seattle, WA 98195-9440

PH: 206-543-1047 • FAX: 206-543-6953 • EMAIL: cne@uw.edu • WEB: uwcne.org

Enrollment for some sessions may be limited due to room size. Many Saturday workshops have limited enrollment. Student and UW faculty discounts are not available for Saturday workshops. Early registration is advised.

Registration fees include tuition, web access to handouts from Oct 6-Dec 31, a conference booklet, a CD of handouts, access to exhibits, and continental breakfast on Thursday and Friday. On-site registration will be accepted on a space available basis.

- Thursday and Friday: $395
- Thursday only or Friday only: $265
- Saturday full day workshop: $165
- Two Saturday half day workshops (AM & PM): $265
- One Saturday half day workshop (AM or PM): $165
- CD of Thursday-Friday handouts: $100

**Students:** A 50% discount is available for advanced practice students who register for Thursday or Friday. There is no discount for Saturday workshops. A student ID is required at check-in.

**CNMs, PAs, MDs:** Optional registration for Category 1 CME credit is available for $40. See information under Professional Credit for more details.

**Refund Policy**

If you register but are unable to attend, you may send a substitute or obtain a refund less $50 for handling by submitting a written request to UWCNE prior to the conference. Saturday Workshops: Due to the popularity of workshops and limited workshop enrollment, no refunds for workshops will be granted after Oct 26, 2011. Substitutes will be accepted at all times.

**Washington State Convention Center (WSCC)**

800 Convention Place (8th Avenue and Pike Street), Seattle, WA 98101-2350

All conference sessions will be held at the WSCC. Directions and parking information will be sent with confirmation of registration.

**Hotel Information**

Sheraton Seattle Hotel • 206-621-9000 • 1-888-627-7056

1400 6th Avenue, Seattle, WA 98101 • One block west of WSCC

$138 single/double plus 15.6% state tax. Hotel parking is not included in room rate.

**Reservations must be made by October 7, 2011 to ensure receiving discounted rates. Ask for the Advanced Practice room block. Visit our website at uwcne.org to go directly to the hotel discount link. Click on Conferences and look for the Advanced Practice conference details.**

**Child Care**

In consideration of other participants and speakers and because sessions are recorded, please do not bring infants/children into conference sessions.
## SESSION SELECTION

### Thursday Session Choice

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:40 am</td>
<td>Welcome and Keynote</td>
</tr>
<tr>
<td>10:00 am</td>
<td>Poster Session</td>
</tr>
<tr>
<td>10:30 am</td>
<td>A _____ Enter session number. (Example: A1)</td>
</tr>
<tr>
<td>12:15 pm</td>
<td>B _____ ARNPs United of Washington Meeting</td>
</tr>
<tr>
<td>2:40 pm</td>
<td>C _____ Annual Meeting: ACNM Washington State Affiliate</td>
</tr>
<tr>
<td>5:30 pm</td>
<td>D _____ School-Based Health Care Providers</td>
</tr>
</tbody>
</table>

### Friday Session Choice

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 am</td>
<td>E _____ Enter session number. (Example: E1)</td>
</tr>
<tr>
<td>8:40 am</td>
<td>Welcome and Keynote</td>
</tr>
<tr>
<td>10:30 am</td>
<td>F _____</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>G _____ Special Session: Preceptor Skills</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>H _____ Annual Meeting: NAPNAP Chapter</td>
</tr>
<tr>
<td>1:15 pm</td>
<td>I _____</td>
</tr>
<tr>
<td>2:25 pm</td>
<td>J _____ Art Show: I am bringing art to display.</td>
</tr>
</tbody>
</table>

### Saturday 1st Choice 2nd Choice

<table>
<thead>
<tr>
<th>Time</th>
<th>1st Choice</th>
<th>2nd Choice</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full-Day</td>
<td>FD _____</td>
<td></td>
</tr>
<tr>
<td>Morning</td>
<td>AM _____</td>
<td>AM _____</td>
</tr>
<tr>
<td>Afternoon</td>
<td>PM _____</td>
<td>PM _____</td>
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</tbody>
</table>

## CONFERENCE TUITION & FEES

### Tuition for Thursday-Friday, Oct 27-28

<table>
<thead>
<tr>
<th>Tuition</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday only, Oct 27</td>
<td>$265</td>
</tr>
<tr>
<td>Friday only, Oct 28</td>
<td>$265</td>
</tr>
<tr>
<td>Student rate (Thurs/Fri only)</td>
<td>50% discount</td>
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</tbody>
</table>

### Tuition for Saturday Workshops, Oct 29

<table>
<thead>
<tr>
<th>Workshop Type</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full day workshop</td>
<td>$265</td>
</tr>
<tr>
<td>Two half day workshops (one AM and one PM)</td>
<td>$265</td>
</tr>
<tr>
<td>One half day workshop (AM or PM)</td>
<td>$165</td>
</tr>
</tbody>
</table>

### CD of Handouts*

Handouts on a CD will be provided free at the conference.

### TOTAL PAID

(U.S. Funds) $_____

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*HANDOUTS

Online handouts will be available at uwcn.org from Oct 6 - Dec 31, 2011 for registrants to print. A password to the handout area will be in your confirmation letter. For more details, please see “Print Handouts Online,” in the box at the top of page 14.
The University of Washington is committed to providing access, equal opportunity and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten days in advance of the conference at: 206-543-6450/V, 206-543-6452/TTY, 206-685-7264 (FAX), or dsso@uw.edu.