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**OPINION: COSMETIC &
DERMATOLOGIC PROCEDURES**
APPROVED DATE: January 2008
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ORIGINATING COMMITTEE:
Practice & Education Committee

An advisory opinion adopted by WSBN is an interpretation of what the law requires. While an advisory opinion is not law, it is more than a recommendation. In other words, an advisory opinion is an official opinion of WSBN regarding the practice of nursing as it relates to the functions of nursing. Facility policies may restrict practice further in their setting and/or require additional expectations related to competency, validation, training and supervision to assure the safety of their patient population and/or decrease risk.

Within the Scope of Practice/Role of APRN RN *LPN CNA

ADVISORY OPINION COSMETIC AND DERMATOLOGIC PROCEDURES

In accordance with Wyo. Stat. Ann. § 33-21-122(c)(iii) of the Wyoming Nursing Practice Act (NPA), the Wyoming State Board of Nursing (WSBN) has approved the following Advisory Opinion on Cosmetic and Dermatologic Procedures, defined under the practice of professional nursing Wyo. Stat. Ann. § 33-21-120.

It is within the scope of practice of an appropriately trained and competent RN to perform cosmetic and dermatologic procedures on patients as ordered by the physician, APRN or PA if the following criteria are met:

- A. There are agency/facility policies and procedures to guide this practice;
- B. The nurse has completed training and demonstrated continuing competency;
- C. The agency/facility maintains documentation on training and competency for each nurse;
- D. The care is provided under the direction of a physician, APRN or PA (who has performed an initial face to face visit) ; and
- E. The patient's condition is assessed prior to, during, and after the procedure to current standard of practice.

The table below summarizes the procedures and considerations for each procedure. Contact the WSBN if a procedure is not included in this list for specific considerations. LPN scope of practice includes **only** procedures that do not involve assessment and injectables.

Procedure	Considerations
<p>Dermabrasion – medium peel (removes layers of skin, very invasive, potential for complications) (LPN)</p> <p>Dermaplaning (exfoliation of epidermis and hair with surgical blade) (LPN)</p> <p>Intracutaneous Infusion® (Facial that infuses moisture, vitamins and antioxidants into skin via cooling, calming topical hyperbaric oxygen) (LPN)</p> <p>Microdermabrasion</p> <p>Microneedling</p> <p>Electrolysis (hair removal via needle) (LPN)</p>	<p>✓ Must have a written provider order after a face to face assessment.</p> <p>Must have appropriate training on skin treatment;</p> <ul style="list-style-type: none"> ▪ Clinical training by an experienced provider; and ▪ Certification course
<p>Non-ablative lasers, light (IPL) devices – for hair removal and skin treatment such as but not limited to;</p> <p>Laser peel</p> <p>Carboxytherapy (Administration of CO2 for cosmetic purposes; increases blood flow; helps with dark under eye circles, stretch marks, cellulite, fat reduction)</p> <p>Chemical peels</p> <p>CO2 Laser Skin Resurfacing (Reduces wrinkles, fine lines, lax skin, sun damaged skin, scars, and removal of pigmented and non-pigmented lesions)</p> <p>Laser Genesis® (Laser facial that targets</p>	<p>✓ Must have a written provider order after a face to face assessment.</p> <p>Must have appropriate training on laser devices;</p> <ul style="list-style-type: none"> ▪ Clinical training by an experienced provider; and ▪ Certification course

<p>signs of aging including scarring and photo damage)</p> <p>Laser Hair Removal</p> <p>LimeLight IPL® (Light-based therapy for the face, neck, and chest to eliminate discoloration and stimulates collagen production and elastin)</p> <p>Melasma Q Switch Laser® (Specialized laser that reduces/eliminates abnormal melanin, typically on the face)</p> <p>Laser Tattoo Removal</p>	
<p>Injectables (using FDA approved products only) such as but not limited to;</p> <p>Neuromodulators (i.e. Botox® and Dysport®)</p> <p>Dermal fillers (i.e. Juvederm® and Restylane®)</p> <p>Sculptra® (Replaces lost facial volume with poly-L-lactic acid by injection)</p> <p>Thread lifting (Absorbable threads are inserted under the skin to tighten and smooth skin and stimulate new collagen growth)</p>	<p>✓ Must have a written provider order after a face to face assessment.</p> <p>Must have appropriate training on neuromodulators and dermal fillers:</p> <ul style="list-style-type: none"> ▪ Clinical training by an experienced provider; and ▪ Certification course
<p>Injectables (using FDA approved products only) such as but not limited to;</p> <p>Sclerotherapy for small varicosities</p> <p>Laser Vein Removal (Uses lasers to target and collapse vessel walls, which reabsorb into the body)</p>	<p>✓ Must have a written provider order after a face to face assessment</p> <p>Must have appropriate training on injectables:</p> <ul style="list-style-type: none"> ▪ Clinical training by an experienced provider; and ▪ Certification course
<p>Fat cell reduction such as but not limited to;</p> <p>CoolSculpting® (Freezes fat cells to induce a natural controlled elimination of fat cells; non</p>	<p>✓ Must have a written provider order after a face to face assessment</p> <p>Must have appropriate training on injectables:</p> <ul style="list-style-type: none"> ▪ Clinical training by an experienced

<p>surgical) (LPN)</p> <p>Emsculpt® (Induces supramaximal muscle contractions to destroy fat cells and promote muscle growth)</p> <p>Kybella® (Procedure to eliminate submental fat; injects a synthetic version of deoxycholic acid to destroy fat cells under the chin)</p> <p>PRP Rejuvenation® (Treats aging and photodamaged skin; uses patient's own blood and platelets)</p> <p>TruSculpt® (Uses uniform radio frequency energy to cause fat cells to die, stimulate collagen growth, tighten skin and reduce cellulite)</p> <p>Venus Freeze® (Uses multi-polar radio frequency with magnetic pulses to improve wrinkles, sagging skin, and produce collagen and elastin)</p> <p>Venus Legacy® (Uses multi-polar radio frequency with pulsed electromagnetic fields system to reduce cellulite and firm and tighten skin)</p> <p>Liposuction (APRN only)</p>	<p>provider; and</p> <ul style="list-style-type: none"> ▪ Certification course <p>Liposuction is a surgical procedure and can only be performed by a Provider.</p>
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Registered trademark names used for deeper understanding of procedures. Not endorsed by WSNB.

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