

**SAMPLE PERSONAL STATEMENT IF YOU ANSWER “YES” TO ANY OF THE
MENTAL OR PHYSICAL DISABILITY HISTORY QUESTIONS**

Description of the Incident or Disability (*Personal Statement*) must be TYPED to provide a clear and professional statement to the Application Review Committee at the Wyoming State Board of Nursing. Remember to **SIGN and DATE your personal statement. **Handwritten statements will be returned.****

UNACCEPTABLE:

I was diagnosed with bipolar disorder. I’m OK now.

ACCEPTABLE:

December 1, 2009

I was diagnosed with bipolar disorder in January of 2006 following a period of extreme emotional instability. After being involuntarily admitted to Bear River Behavior Center for 72 hours, I changed by admission status to “voluntary” after realizing my need for treatment which included daily medication and weekly counseling sessions with oversight by Dr. Smith. For the past two years, I have made much progress by consistently taking my medications and now have monthly follow-up with my counselor and see the psychiatrist every six months. Therefore, I feel well prepared to provide patient care. I am enclosing a copy of my discharge summary from Bear River Behavior Center, a letter from my counselor and a note from my psychiatrist.

Jane Doe